



Application Checklist: (all must be submitted in order for the application to be complete)

- Application
- Copy of certificate from NDT/Bobath Certificate Course
- Copy of license/registration
- Proof of NDTA Membership if applicable
- Copy of malpractice insurance
- Payment

NDTA™ Approved Advanced Gait Course **May 23-25; June 7-8, 2025**

Course Description

This advanced course is designed for physical and occupational therapists who work with adult individuals' post-stroke and/or brain injury. This course is developed for therapists who are interested in further developing their assessment and treatment skills to enhance the client/patient's function in the upright posture. The interrelationship of the lower extremity with other body segments and systems is emphasized. Analysis of functional tasks, specifically the movement components that contribute to a person's independent performance of tasks in the upright posture will be addressed. Therapists will have an opportunity to revisit the biomechanical components of typical gait, discuss and analyze common deviations of gait in the above-mentioned patient populations and learn potential treatment strategies to diminish the impact of gait deviations on the client/patient's ability to function while ambulating. The content will be covered through lectures, labs, group problem-solving, patient demonstration by instructors and participants will treat patients 4 of the course days.

Course Learning Objectives

Upon completion of this course the participants will be able to:

- Compare and contrast components of typical lower extremity biomechanics and gait to a client's gait pattern
- Analyze gait deviations and hypothesize how they will impact a client's participation in functional activities including functional use of the UE in the upright posture
- Analyze effective and ineffective posture and movement and problem solve the impact on a client's functional abilities/limitations as it relates to gait and function in the upright posture
- Create an impairment list that prioritizes significant impairments which interfere with the client's function in an upright posture
- Create a treatment plan that integrates appropriate treatment strategies, is goal-oriented and addresses the client's primary impairments
- Apply and perform handling skills appropriately, during treatment practicum, to support a client's goals and optimize their function in an upright posture

Instructors

Karen Guha, PT, BSc PT, C/NDT, CIDN, NDTA™ Coordinator Instructor

Karen is a Physiotherapist at Grand River Hospital and Back Works Spinal and Sports Rehabilitation. She received her Physical Therapy degree from the University of Toronto in 1996 and became NDT trained in 1999. Karen became a NDTA™ PT Instructor in 2007 and a NDTA™ Coordinator Instructor in 2011. She has over 28 years' experience working with adults with neurological impairments in acute, rehabilitation and outpatient settings. Karen has taught NDT courses throughout North America and internationally.

Rose Lesso, MScPT, C/NDT, NDTA™ PT Instructor

Rose Lesso is a registered physiotherapist who graduated from the University of Toronto MScPT program in 2008. Rose worked at Toronto Rehab, University Health Network in Toronto, Canada on the inpatient Acquired Brain Injury program and as the Practice Clinical Educator for PTs across Toronto Rehab. Currently she is working in the community with individuals with neuromotor disorders in home, hospital and other settings. Rose has over 15 years of experience working with clients with various neurological conditions.

Rose began her NDT training in 2010 with completion of the Certification course (for adults with hemiplegia), and has completed several advanced courses. She has been a PT adult instructor since 2022 and has since been teaching various courses throughout Canada and the US.

Back Works Spinal & Sports Rehabilitation

101-2415 University Ave E, Waterloo ON N2K 0H5 | Phone 519-746-8172 | Fax 519-746-8346 | reception@backworksphysiotherapy.ca |
www.backworksphysiotherapy.ca



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Course Format

This course consists of lecture, handling lab sessions, patient treatment and demonstrations. Advanced patient handling skills will be developed inter-actively through problem-solving activities and handling with other participants. The instructors will provide feedback and direction to the course participants during the patient treatment sessions.

Requirements

Participants must be a registered Physical Therapist or Occupational Therapist who has successfully completed an NDT/Bobath Certificate Course. Therapist must be registered to practice in Ontario or hold a courtesy registration from the College of Physiotherapists or Occupational Therapists of Ontario.

Course Hours:

Friday May 23 1:00-6:30
Saturday May 24 8:00-4:30
Sunday May 25 8:00-4:30
Saturday June 7 8:00-4:30
Sunday June 8 8:00-3:30

Location

Back Works Spinal & Sports Rehabilitation,
2415 University Ave E Suite 101
Waterloo, ON N2K 0H5

Tuition

The fee for this five-day course is:

NDTA Member	\$1400 + HST (\$1582.00 CAD)
Non-NDTA member	\$1700 + HST (\$1921.00 CAD)

Accepted forms of payment include cheque payable to Back Works Spinal and Sports Rehabilitation, credit card (Visa or Mastercard, or e-transfer to reception@backworksphysiotherapy.ca)
Registration is accepted on a first-come first served basis.

Cancellation Policy

Cancellations must be received in writing and all refunds are subject to a 10% administrative fee. After **Apr 25, 2025**, and in the event that a replacement cannot be found, no refunds will be granted.

We reserve the right to cancel this course, if necessary. Full tuition will be reimbursed in the event of course cancellation



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NDTA™ Approved Advanced Gait Course
May 23 – 25 and June 7 – 8, 2025

Name and credentials, as you would like them to appear on your certificate

Name _____ Credentials _____

Address _____

Phone _____ Email _____

Occupation: Physiotherapist Occupational Therapist

Present Employer _____

NDT/BOBATH CERTIFICATE COURSE INFORMATION

Name of Certificate Course	Date	Location	Instructor(s)
<input type="checkbox"/> COPY OF CURRENT LICENSE			
You must submit a copy of your current professional license/registration with your application. If you do not hold a license in Ontario you will need to apply for temporary registration with the College of Physiotherapists of Ontario or the College of Occupational Therapists of Ontario.			
<input type="checkbox"/> PROOF OF CURRENT MALPRACTICE INSURANCE			
You are required to hold malpractice liability insurance, which will cover you during your participation in the course. Please submit a copy with your application.			
<input type="checkbox"/> PROOF OF NDTA MEMBERSHIP			
Please submit a copy of your NDTA membership to obtain the lower tuition rate.			
<input type="checkbox"/> TUITION			
Registration is not complete until tuition is paid.			
<input type="checkbox"/> NDTA Member	\$1400.00 + HST (\$1582.00 CAD)		
<input type="checkbox"/> Non-NDTA member	\$1700.00 + HST (\$1921.00 CAD)		
Payment Options:	<input type="checkbox"/> Cheque payable to Back Works Spinal and Sports Rehabilitation		
	<input type="checkbox"/> Visa		
	<input type="checkbox"/> Mastercard		
	<input type="checkbox"/> e-Transfer to reception@backworksphysiotherapy.ca (Please confirm spot prior to e-transferring funds)		
Name as it appears on credit card _____			
Credit Card Number _____		Expiration _____	CVC _____

RETURN APPLICATION NO LATER THAN April 25, 2025 to:

Back Works Spinal and Sports Rehabilitation
2415 University Ave E Suite 101
Waterloo, Ontario, N2K 0H5
E-mail: reception@backworksphysiotherapy.ca
Phone: (519) 746-8172 Fax: (519) 746-8346

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