



**MANAGING THE “PUSHER”: AN NDT PERSPECTIVE ON
MANAGING THE INDIVIDUAL WITH
CONTRAVERSIVE PUSHING TENDENCIES POST-STROKE**
SATURDAY, OCT 15, 2022

Course Description: This one-day workshop provides an opportunity for health care professionals to gain insight into managing the individual with contraversive pushing tendencies (“pusher syndrome”). The individual who suffers from a stroke and has “pushing” tendencies presents with unique impairments that challenges health care professionals. This workshop will present current theoretical evidence and practical NDT skills for participants to use when working with the individual who “pushes”. The overall objective of this course is to enable participants to bring information back to their facility and apply it toward promoting more functional movement and achieving functional outcomes with their patients.

Course Learning Objectives:

Upon completion of the course the participants will:

- State the basic philosophy underlying the NDT approach to the treatment of adults with neurological dysfunction
- Identify major impairments interfering with normal movement and function in the individual with stroke who has contraversive pushing tendencies.
- Demonstrate basic handling skills to enhance patient’s functional movement as related to his/her functional goals including activities in sitting, standing and gait.
- Demonstrate an increased repertoire of evaluation and treatment strategies for the individual with stroke who has contraversive pushing tendencies.

Instructor: Karen Guha, PT, C/NDT, NDTA™ Coordinator Instructor, CIDN

Karen is a physiotherapist at Grand River Hospital and Back Works Spinal & Sports Rehabilitation. She received her Physical Therapy degree from the University of Toronto in 1996 and became NDT trained in 1999. Karen became a NDTA™ PT Instructor in 2007, a NDTA™ Coordinator Instructor in 2011, and a NDTA™ Advanced Course Instructor in 2014. She has over 25 years’ experience working with adults with neurological impairments in acute, rehabilitation and outpatient settings. Karen has taught NDT courses throughout North America and internationally.

Course Format: This workshop will include a short lecture and then laboratory practical sessions for the remainder of the day. During lab sessions, participants will have the opportunity to analyze normal movement and practice handling skills to facilitate functional movement patterns in normal adults. Participants will have the opportunity to problem solve how these handling skills will be modified when treating the individual who has contraversive pushing tendencies.

Requirements: Participants must be a Physical Therapist, Occupational Therapist, Speech Language Pathologist, Therapy/Rehab Assistant or Kinesiologist.

Participants must be fully vaccinated for Covid19 and provide proof of vaccination with registration.

Location: Back Works Spinal & Sports Rehabilitation, 2415 University Ave E, Waterloo, ON N2K 0H5

Tuition: The fee for this 1-day course is **\$275.00 + HST (\$310.75 Canadian)**. Accepted forms of payment include Visa, Mastercard, cheque or e-transfer. Tuition includes course materials; lunch is not included. Registration is accepted on a first-come first served basis, so register early to ensure a spot in the course.

Accommodations: If you require accommodations, we have a corporate rate at the Best Western Plus, which includes breakfast and parking. To make a reservation call (519) 884-0100 and mention “Back Works” to receive our rate. *We recommend securing accommodation early as local festivals; events and trade shows can result in hotels being booked.*





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Please complete the following information legibly and send with payment and proof of Covid vaccination. Participants are not considered registered until payment is received.

E-mail to courses@backworksphysiotherapy.ca or fax to (519) 746-8346, or mail with cheque to:

Back Works Spinal & Sports Rehabilitation
2415 University Ave E, Suite 101
Waterloo, ON N2K 0H5

Name and credentials as you would like them to appear on your certificate:

Name: _____ Credentials: _____
City: _____ Phone: _____
E-mail: _____ Profession: _____

Tuition: \$275.00 + HST (\$310.75 CAD)

Payment Options:

- Cheque payable to Back Works Spinal & Sports Rehabilitation
- Mastercard
- Visa
- E-transfer to courses@backworksphysiotherapy.ca
(Please confirm space in course before transferring funds)
- I have provided proof of full vaccination for Covid-19 with my registration form

Name as it appears on credit card: _____

Credit Card Number: _____

Expiration: _____ Security Code (3 digits): _____

Cancellation Policy

Cancellations must be received in writing and all refunds or deferments are subject to an administrative fee. After **Sept 30th**, and in the event that a replacement cannot be found, no refunds will be granted.

